









Arlington Classics Academy Breakfast Menu

March 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				chilled cinnamon apples 100% fruit juice, choice of milk lemon blueberry fresh baked biggie muffin ~  Zee Zees® cereal bar cheese stick
4 chilled sliced peaches 100% fruit juice or fresh fruit, milk warm breakfast 6" taquito turkey sausage-egg-cheddar - OR - fruit flavored low fat yogurt cup Fun and Fitness snack crackers	5  fresh-cut orange 100% fruit juice, choice of milk warm "West, Texas" kolache w/turkey ham & cheese - OR - plain bagel with strawberry cream cheese & jelly	6 fresh banana 100% fruit juice, choice of milk warm wg chicken biscuit with breaded chicken - OR - bakery flatcake: tropical pina cereal: a 'trio of flakes'	7 fresh-cut pineapple bowl 100% fruit juice or fresh fruit, milk warm whole grain waffles - with triple berry syrup - OR - fruit & yogurt parfait cereal: 'Trix® mix'	8 chilled mixed fruit 100% fruit juice, choice of milk cinnamon apple oatmeal - with granola crunchies or graham's  fruit cereal bar cheese stick
11	12	13	14	15
Spring Break				
18	19	20	21	22
chilled cinnamon apples 100% fruit juice or fresh fruit, milk warm whole grain waffles - with side syrup - OR - fruit flavored low fat yogurt cup graham bites or granola	 fresh-cut orange 100% fruit juice, choice of milk warm bean & cheese taquito - in whole grain tortilla - house salsa - OR - round top wheat bread & jelly cereal: Cinnamon Toast® medley	fresh banana 100% fruit juice or fresh fruit, milk warm "West, Texas" kolache w/turkey ham & cheese - OR - fruit cereal bar cheese stick	applesauce cup 100% fruit juice, choice of milk cheesy breakfast potatoes with turkey sausage link - OR - bakery flatcake: baked apple cereal: 'Trix® Mix'	chilled sliced peaches 100% fruit juice, choice of milk warm flaky Southern biscuit w/beef sausage cream gravy  fruit & yogurt parfait cereal: 'apple Os'
25	26	27	28	29
chilled sliced pears 100% fruit juice or fresh fruit warm whole grain bagel with turkey sausage patty - OR - fruit flavored low fat yogurt cup Fun and Fitness snack crackers	fresh-cut orange 100% fruit juice, choice of milk warm whole grain pancakes - with side syrup - OR - fruit cereal bar cheese stick	fresh banana choice of milk fresh baked sausage roll turkey frank-cheese-wg roll - OR - bakery flatcake: carrot spice strawberry shredded wheat	fresh-cut cantaloupe bowl 100% fruit juice or fresh fruit, milk whole grain cinnamon roll - with apple cinnamon topping - OR - fruit & yogurt parfait cereal: Lucky Charms® medley	 no classes --

Serving those true tastes, recipes, and traditions of Texas as often as possible....

~ = NonMeat



Fruit is seasonally local sourced, when available

Any 'bakery' item is bake in-house

a peanut & pork free menu



All sausage and ham is made from turkey or beef






1% or Skim Milk

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Arlington Classics Academy Lunch Menu

March 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				'Oven-Fried' Chicken Tenders whole grain waffle & syrup baked 4-bean medley seasoned green beans - or - Turkey & Jack on Wheat fresh veggies, veggie/fruit juice chilled pineapple tidbits choice of milk
4 Breaded Chicken Nuggets whole grain soft roll garlic mashed potatoes steamed green peas - or - Turkeyham & American on wheat bread, fresh veggies, salad chilled mixed fruit choice of milk	5 Toasted Cheese Sandwich - three cheeses-whole wheat bread seasoned tater tots fresh baby carrots w/ranch - or - Chef Salad Bowl (3 meat/cheese) big wg rustic roll & margarine seasonal fresh fruit choice of milk	6  Lone Star BBQ Chicken fresh baked whole cornbread bbq white beans corn n' cabbage slaw salad - or - Fresh Fruit Salad cheese stick-yogurt cup-veggies-roll fresh local Texas melon choice of milk	7 Pepperoni Pizza Square on whole grain crust fresh Roma salad w/Italian and garbanzo beans - or - Roast Chicken & Cheese Sub fresh veggies, 3-bean salad chilled diced apples choice of milk	8 Ranchero Chicken Enchilada shredded chicken-flour tortilla-salsa Southwest diced potatoes confetti corn & black bean saute - or - 'Deli Classic' (turkey, beef, cheese) 2-wg slider rolls, veggies, potato salad seasonal red grapes choice of milk
11 12 13 14 15 Spring Break				
18 Breaded Chicken Sandwich whole grain burger bun, pickles crinkle-cut oven potatoes buttered green peas - or - Coffee Shop Bistro Box an egg, chz stick, crackers, veggies seasonal fresh fruit choice of milk	19 Toasted Cheese Sandwich - three cheeses-whole wheat bread bbq 'charro' pinto beans fresh baby carrots w/ranch - or - Chef Salad Bowl (3 meat/cheese) big wg rustic roll & margarine chilled sliced peaches choice of milk	20 Spaghetti & Meat Sauce whole grain garlic breadstick fresh zucchini & corn Italiano fresh salad greens w/ranch - or - Chicken Caesar Salad whole grain garlic breadstick chilled mixed fruit choice of milk	21 Cheese Pizza Round - on whole grain soft pita crust side Caesar salad w/cROUTONS fresh grape tomatoes or wedges - or - Italian-Style Sandwich rustic roll, tomatoes, Caesar salad seasonal fresh fruit choice of milk	22  Soft Beef Tacos on flour tortillas with cheese taco side 'salad' seasoned black beans - or - Smokehouse Chicken Wrap fresh veggies, southwest tater salad fresh local Texas fruit choice of milk
25 State Fair Corn Dog (wg honey battered, chicken) seasoned tater tots seasoned green beans - or - BBQ Chicken Salad/wg bun fresh veggies, potato sala, Fritos fresh local Texas fruit choice of milk	26 Cheddar Mac & Cheese - whole grain soft roll seasoned peas & carrots fresh spinach-carrot tomato salad - or - Club Sub (turkeyham-turkey-chz) wg sub bun, veggies, pasta salad chilled mixed fruit choice of milk	27 Oven Roasted Lemon Chicken whole grain garlic breadstick seasoned red kidney beans fresh salad greens w/ranch - or - Fresh Fruit Salad cheese stick-yogurt cup-veggies-roll chilled peaches choice of milk	28  Frito® Chili Pie our beef chili-cheddar-corn chips smashed pinto beans lettuce/tomato salad, taco sauce - or - Chicken Caesar Wrap whole wheat tortilla, fresh veggies fruit n' Jello® choice of milk	29 No Classes

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Fruit & Produce
is seasonally
local sourced

"Sauces, beans, salads, pastas, fresh baked bakery, and the like
are all scratch cooked in-house with our healthy recipes"

a peanut & pork
free menu

This Month:



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